

## Camper Medical Bulletin

The State of Massachusetts continues to show concern for the health and safety of children in camps. We continue to update our medical procedures to comply with the law and further protect your children. Please help us by completing the ACA health form, sending completed authorization forms for all medicines, and checking immunizations.

### Health Forms – Green and Pink:

The ACA health form must be filled out entirely and returned to

The NYC office **prior to May 15<sup>th</sup>**.

Pages 1-3 are to be completed by the parent – **including the section on immunizations.**

**Parent signature is required at the bottom of page 1 of the green health form.**

Please follow directions on the Green Health Form – copy pages 1-3 and give to your doctor along with the Pink Form.

Mail the original Green Form to the Belvoir Terrace office.

You must be sure that your daughter is in compliance with the Massachusetts requirements listed below. If you have questions, please consult your doctor.

### Bringing or Sending Medications to Camp:

- a) Please complete the Authorization to Administer Medications to a Camper form (if you need multiple forms, please print them out from our website at: [www.belvoirterrace.com](http://www.belvoirterrace.com)), and return it by May 15<sup>th</sup>, along with the completed Medical Form. The law requires that we have written authorization forms to administer pills or shots. These must be explicit as the form suggests, indicating the name of the drug, dosage, how and when given, and reason for use. A physician's signature must accompany all medicine and this authorization form must be also be signed by a parent. The camp nurse may administer the following over the counter medications per standing orders from our camp physician. We do not need physician orders for these unless prescribed on a regular basis: generic tylenol, advil, sudafed, benadryl, milk of magnesia, robitussin DM and peptobismol.
  
- b) **All of your daughter's medications in pill form and liquid form** must be sent directly to camp in pre-packaged containers from **KidsMedPacks**. You will need to register with them directly at **[www.kidsmedpacks.com](http://www.kidsmedpacks.com)**. This includes all pills and liquids, both prescription and nonprescription, as well as vitamins, inhalers, ointments, and eye drops. Please see the enclosed **KidsMedPacks Information**.

We appreciate your help and care in these matters and know that you understand our concern for the health and well being of our campers. Please let us know in writing of any illness just prior to camp. **Please note ALL GREEN SHEETS (health form, H1N1 form) and 1 Pink Form.**

Do not bring a child to camp if she has been exposed to the flu, Measles, Chicken Pox, Mumps, or other contagious diseases during the month of June. You must notify Belvoir to obtain permission for her to arrive on opening day. **A child who is ill must be kept home until she is well.** Innocent symptoms may turn out to be the forerunners of a contagious illness, which could affect the rest of the campers and staff.

**OVER**



## Important Additional Health Information

Head Lice (Pediculosis) at Schools and Camps: Infestation of head lice is a problem at schools, colleges, universities, and at camps throughout the country. We ask that all parents check their children often during June, including a final check on departure day.

Belvoir Terrace will continue to work with a “Lice Treatment” company to screen all campers and staff throughout the summer. If your daughter is found with Lice during the first screening, taken within the first 3 days of camp, then “on-site treatment” charges will be passed directly to the parent. Future screening charges will be covered by Belvoir Terrace.

Eyeglasses and Contact Lenses: Send an extra pair of eye-glasses and contact lenses. Lenses should be shatterproof.

Dental/Orthodontic: It is best to have an examination prior to camp. If camper is undergoing orthodontic treatment, send any special instructions along with the medical form.

Hospital Procedure: We are fortunate to have a wonderful hospital, Berkshire Medical Center, in Pittsfield. If a camper requires emergency treatment, the hospital’s policy is to attempt to reach you by phone before administering treatment.

## Massachusetts State Law Required Immunizations

Written documentation of immunization or alternative proof of immunity is required for all campers at recreational camps according to the law of the State of Massachusetts.

### 430.152 – Required Immunizations

1. Measles, Mumps and Rubella (MMR) Vaccine: At least one dose of MMR vaccine(s) must be administered at/or after 12 months of age or there must be proof of laboratory evidence of immunity. In addition, a second dose of measles vaccine is required. Both doses of measles vaccine must be given at least one month apart, and be given at or after 12 months of age, or laboratory evidence of immunity.
2. Polio Vaccine: At least three doses of either trivalent oral polio vaccine (OPV) or enhanced potency inactivated polio vaccine (e-IPV) are required. If a mixed schedule of polio vaccine is given (IVP and OPV), a total of four doses is required.
3. Diphtheria and Tetanus Toxoids and Pertussis Vaccine: At least four doses of DTaP/DTP/DT/Td are required. (The pertussis component is not given to anyone seven years of age or older). A booster dose of tetanus/diphtheria, adult type toxoid (Td) is required if more than 10 years have elapsed since the last dose.
4. Hepatitis B: For all children born on or after January 1, 1992, three doses of Hepatitis B vaccine are required.
5. Please read over the meningococcal disease information following, and discuss it with your daughter’s pediatrician.

We look forward to a  
very healthy summer.  
Your cooperation is  
important and  
appreciated.